

# WOMEN'S GETAWAY WEEKEND

This is the 2025 schedule to provide a general overview.

## FRIDAY

- 6-7:00 pm Check In, Move In & Activity Sign-Ups
- 7:30 pm Opening Gathering and Hors d'oeuvres @ Lodge
- 8:00 pm Trivia Night & Activity Sign-Ups
- 9:30 pm Night Hike and Community Campfires - S'mores
- 11:00 pm Quiet Hours Begin



The Signature Activities below were offered for the **2025** Weekend but may change for 2026.

Stay tuned for Signature Activities to be offered for the 2026 Weekend.

## SATURDAY

- 7:00 am Morning Flow Yoga
- 8:00 am Breakfast @ Lodge
- 8:45 am Group Photo
- 9:15 am Activities Session 1
- 10:45 am Activities Session 2
- 12:00 pm Lunch @ Lodge
- 1:15 pm Activities Session 3
- 2:45 pm Activities Session 4
- 5:30 pm Dinner @ Lodge
- 7:00 pm Chillaxing Pool Party
- 11:00 pm Quiet Hours Begin

## Activities Offered

PLEASE NOTE: Slight changes may occur.

**TARGET SPORTS:** Archery, Riflery, Axe Throwing

**WATER:** Pool, River Float, Canoeing, Kayaking, Wet Willie Slide, Tom Sawyer Swing, Fishing, Stand Up Paddle Boarding

**HIGH ADVENTURE:** Alpine Tower, Rock Wall, Giant Swing, Zip Line

**CREATIVE ARTS:** Pottery, Tie Dye, Beginners Crochet

**TRAILS:** Mountain Biking, Nature Walks, Fen Hike

**MINDFULNESS & RELAXATION:** Yoga (Flow, Aqua and Restorative), Guided Meditation/Nature Bath



### \* OPTIONAL SPECIALTY CLINICS

Additional Fee

Space is limited. Prearrival sign up required.

- ◊ Massage Therapy (direct pay to vendor)
- ◊ Horseback Trail Riding \$25
- ◊ Charcuterie Board Design \$15
- ◊ Flower Arranging \$15
- ◊ Possible Fiber Art Class

\*Sign Up for Optional Clinics will be made available no later than July 24, 2026. An email notification will be sent to all who are registered.

## SUNDAY

- 7:00 am Aqua Aerobics
- 8:00 am Breakfast @ Lodge
- 9:00 am Chapel @ Camp Chapel
- 9:15 am Activities Session 5
- 10:45 am Activities Session 6
- 12:00 pm Lunch and Departure

## **Women's Getaway Weekend Packing List**

Sleeping Bag or Sheets and a Blanket to fit a twin sized bed for each person

Pillow

Soap & Shampoo

Bath and Swim Towels

Swimsuit

Toothbrush, Toothpaste, and other Toiletries

Please check the weather and bring clothes that are appropriate for the season. Consider packing layers and extras in case things get wet

An extra pair of shoes are recommended (shoes that you don't mind get muddy)

White Shirt for Tie Dye

Sunscreen

Bug Repellant

Flashlight, charger

Personal Medications

Guitar or other musical instruments

Water bottle

Raingear: Bring a poncho or raincoat. (If you bring it, it lowers the chance it will rain!)

Foldable Lawn Chairs / Bag Chairs

### **DO NOT BRING:**

Alcohol

Fireworks

Firearms/Weapons

Firewood (We have it on site)

All recreational equipment is available on-site, but personal fishing equipment & mountain bikes may be brought and used if desired.

All mattresses at camp are new and comfortably FIRM. You may choose to bring a mattress pad for extra comfort.